**Commission Bulletin 2016-1**

**Disclosure of Use of Drugs, Medications, and Supplements**

The New York State Athletic Commission (“Commission”) is vested with the authority to prohibit the use of illicit drugs and Performance Enhancing Drugs (PED’s) by professional combatants and to gather information regarding a combatant’s use of drugs, medications, and/or supplements, in order to determine a combatant’s medical fitness to compete. Combatants must disclose at a physical examination conducted on the day of the weigh-in, any use of drugs, medications (whether prescription or over-the-counter) and/or supplements. Further, combatants may be tested for the presence of illicit drugs and/or PED’s on the day of the combat sport match or at any other time that the combatant holds a Commission-issued license.

It is the sense of the Commission that in order to properly monitor the use of drug, medications, and/or supplements by professional combatants, to ensure integrity of athletic competition, and to determine a combatant’s continued fitness to compete, combatants should not use any drugs, medications (whether prescription or over-the-counter) and/or supplements between the time of the weigh-in physical examination and the conclusion of the combat sports match, unless the combatant has provided notice to the Commission and has received prior written approval from the Commission for such use. Unapproved use of any drug, medication or supplement that is contra-indicated for combat sports may result in cancellation of the combatant’s bout and/or disciplinary actions such as the imposition of a fine, purse forfeiture, license suspension, license revocation and modification of the official bout result.

*Implemented by vote of the Commissioners on June 2, 2016, updated on July 11, 2017.*