

NAIL SPECIALTY TRAINEE PERFORMANCE OBJECTIVES

SUBJECT 1 – Course Overview/Content 2 hours

1.1 Course Overview

- List school/course rules and regulations

1.2 The Role of the Nail Specialist

- Describe the role of the nail specialist

1.3 New York State Law, Rules, and Regulations

- Identify the Scope of Licensure
- Discuss New York State Law, rules and regulations
- Discuss the Americans with Disabilities Act

1.4 View and discuss the mandatory Domestic Violence and Sexual Assault Awareness online course

SUBJECT 2 – Workplace Safety and Health 5 hours

2.1 Local, State and Federal Safety Codes

- Identify local, state, and federal safety codes
- Discuss EPA product labeling
- Identify the fire escape routes
- Define the various classes of fire and the correct types of extinguishers

2.2 General Salon Safety

- List health and safety rules, regulations and protocols

2.3 Hazardous Materials Communications (HAZMAT)

- Recognize types of hazard classes, physical and health hazards on the job
- Identify routes of entry and methods of control
- Identify emergency precautions
- Identify label provisions and symbolism
- Become aware of the requirements of the Hazard Communication Standard and any other local or state regulations or laws and what they require
- Locate specific information concerning hazardous materials
- Read and understand the hazard warnings found on container labels
- Locate, read, and use a Safety Data Sheet
- Provide and discuss OSHA's "Right to Know" Law
- Identify, read, and describe the safety equipment used in specific instructional setting as outlined by OSHA
- Describe the various personal protective equipment used in the nail specialty industry

SUBJECT 3 - Infection Control 6 hours

3.1 Methods of Infection Control

- Identify the differences between sterilization, sanitation and disinfection
- Describe the various methods of sterilization, sanitation and disinfection
- Explain why infection control practices are necessary
- List sanitary regulations pertaining to infection control

3.2 Physical and Chemical Agents for Infection Control

- Identify physical methods of sanitation, disinfection and sterilization
- Identify chemical methods of sanitation, disinfection and sterilization
- List safety rules for physical and chemical methods of sanitation, disinfection and sterilization

3.3 Bloodborne Pathogen Infection Control

- Discuss bloodborne pathogen infection control requirements

SUBJECT 4 - Bacteria and Infectious Disorders and Diseases 6 hours

4.1 Types and Classification of Bacteria

- List the various types and classifications of bacteria
- Describe how bacteria grow and reproduce
- Explain the difference between bacteria and bacteriology
- Identify and define the types of pathogenic and nonpathogenic bacteria

4.2 Immunity and Body Defenses

- Describe the types of immunity
- Explain how a human disease carrier transmits germs

4.3 Viral Infections

- Identify the types and sources of viral infections including HIV and hepatitis
- Give examples of common infections caused by viruses
- Explain how the viruses are spread and what the symptoms are
- Explain how it is possible to transfer viral infections including HIV infection and hepatitis in the salon

4.4 Mold and Fungal Infections

- Identify the types and sources of mold and fungal infections
- Define mold and fungus.
- Describe the appearance of nail mold at its various stages of development

4.5 Disorders and Diseases of the Nails and Skin

- Define the term nail disorder
- Identify the nail disorders that can be serviced by nail specialists and those that cannot
- Define lesion
- Describe the characteristics of eczema and psoriasis
- Define melanoma
- Define tinea of the hand and foot

SUBJECT 5 – Anatomy & Physiology of the Nail, Hand, Arm, Foot & Leg 3 hours

5.1 Significance of Anatomy and Physiology to the Nail Specialist

- Explain how an understanding of anatomy and physiology will help nail specialists be better professionals

5.2 Cell Metabolism and Structure

- Describe the purpose of cells within the human body
- Describe cell metabolism and explain the difference between the two phases of metabolism

5.3 Tissues and Organs

- Identify the different types of body tissue and explain the function of each type
- Identify the most important organs of the body and explain the function of each organ

5.4 Systems of the Body and Their Relationship

- Identify the body systems and their functions

5.5 Histology of the Skin and Its Function

- Describe the characteristics of healthy skin
- List the functions of the skin
- Describe the epidermis and dermis
- Explain how the skin is nourished

5.6 Bones, Muscles, Nerves of the Hand, Arm, Leg and Foot

- Identify and describe the bones, muscles, and nerves of the hands, arms, legs and feet
- List the ways in which muscles are stimulated
- Identify the types of muscles that are affected by massage

5.7 Nail Structure

- Identify the parts of the nail

SUBJECT 6 - Client Consultation & Service Protocols 5 hours

6.1 Client Needs Assessment

- Explain the purpose of client consultation
- Explain why knowing a client's lifestyle is helpful in making decisions about products and services
- View and discuss the mandatory Domestic Violence and Sexual Assault Awareness online course

6.2 Nail and Skin Analysis/Product Selection and Treatment Recommendations

- Describe the appearance of healthy nails
- Analyze and classify nail and skin types and conditions
- Explain how to maintain client data records
- Discuss when physician referral is necessary
- Discuss appropriate product selection
- Identify/recommend appropriate treatments