

# NYS DEPARTMENT OF STATE - DIVISION OF LICENSING SERVICES

## ESTHETICS PRACTICAL EXAMINATION SUPPLY LIST

NYS Department of State, Division of Licensing Services, One Commerce Plaza,  
PO Box 22001, Albany, NY 12201-2001

It is recommended that you pack your supplies in sealable plastic bags, grouped and labeled for each respective procedure. These supplies may remain in your transport bag or plastic storage container until they are needed to perform each procedure and as you are instructed (for your comfort, we suggest that you consider a rolling travel system). All implements/equipment should be disinfected/cleaned prior to packing. Supplies intended for single use should be new/unused. **Products that are not required to be in original containers must be labeled in English and may also be labeled in another language of choice.** (Note: All sharp implements MUST be transported in a rigid container labeled 'clean'. Used implements MUST be removed in a rigid container labeled 'dirty'.)

**IMPORTANT: If you arrive at the examination site after the specified starting time, you will not be admitted into the examination and will forfeit the examination fee.**

**\*\*\*Please bring your own pen to sign into the examination\*\*\***

### Professional Appearance & Client (Model) Preparation:

#### PROFESSIONAL APPEARANCE

Clean uniform, lab coat, scrub top, or smock (with  $\frac{3}{4}$  sleeves or less; no long sleeves) must be worn; hair accessory to pull back hair if necessary

Disposable gloves (required for some procedures; optional when not required)

Suggestion: Avoid bringing or wearing items that associate you with a school, salon, or any other affiliation.

Reminder: For safety reasons, you are required to wear closed-toe shoes that cover the top of the foot.

#### CLIENT (MANNEQUIN) REQUIREMENTS/PREPARATION: \*\*\*No Live Models Allowed\*\*

Mannequin Head (with flat back) – flexible, soft plastic or rubber makeup mannequin is recommended (a table clamp will not be used); your mannequin does not need eyebrows or eyelashes to perform procedures  
**You are not required to bring a mannequin that has shoulders; you should be able to demonstrate all required procedures on your mannequin head.**

### Preparation of Work Area and Model (15 minutes)

Water, labeled (may be in the original bottle or a spray bottle) – *to be used throughout exam*

EPA-approved sanitizer solution in original, labeled packaging (liquid, spray, wipes, etc.) –  
Note: Liquid sanitizer must be purchased premixed.

Disposable paper towels (to dry workstation, line tray, etc.)

Two large towels or two sheets (large enough to cover treatment bed down to end)  
Note: Sheets may both be flat or one fitted and one flat.

Towel (to cover top of treatment chair/bed)

Head drape or head draping material (for mannequin)

Spatula (required only if mannequin has a head of hair; for tucking mannequin's hair into head draping)

Plastic bag large enough for disposables, labeled 'disposables/trash'

Tape to secure trash bag to work area

Spray-on implement sanitizer (or alcohol wipes) in original packaging (for exam purposes; to be used in case of implement contamination)

Two (2) covered containers marked 'clean' and 'dirty': one for storing and transporting clean implements; one for transporting contaminated implements (*both containers MUST be labeled in English but may also be labeled in another language of choice*)

- Hand sanitizer containing 60% or more alcohol (in labeled, original bottle/dispenser or packet) – to be used throughout exam
- Battery-operated magnifying lamp (optional)\* - Note: Shared magnifying lamps are provided.
- Small clock (optional)\*

### Removal of Superfluous Hair (10 minutes)

- Disposable protective gloves (minimum of 2 sets)
- Oil or cleansing cream (small amount needed to soften lip area prior to tweezing)
- Tweezers
- Mild antiseptic or witch hazel (to be used prior to waxing)
- Cotton balls/pads or dry wipes
- Two (2) muslin waxing strips (for upper lip)
- Disposable wooden spatulas (minimum of 8-10)
- Brow Mapping Tool (stick, spatula, etc.)
- Talcum powder/cornstarch or other appropriate powder for waxing procedure
- Small jar of honey (will be used to simulate a soft wax product)
- Soothing lotion/cream (to be used after waxing)

### Facial (60 minutes)

*NOTE: You may bring facial products for skin type of choice.*

- Massage cream or oil
- Facial cleanser, skin toner or astringent, and day protection
- Disposable 2x2 cotton pads (for applying skin toner or astringent)
- Facial treatment mask
- Spatulas (as needed)
- Roll of cotton or equivalent (i.e., cotton 4x4 wipes) torn into appropriate-sized pieces, pre-moistened and transported in a resealable plastic bag
- Two (2) small bowls (one will be used to hold cleansing pads; the second one is optional and may be used to hold cotton prior to discarding)
- Eye pads (6-8 or 3 sets) – to protect model's eyes from magnifying lamp (to be used during facial/analyzing, extraction, and treatment mask)
- Disposable protective gloves (2 sets)
- Disposable cleaning pads, cotton, cotton 4x4 wipes, or sponges
- Light Visor (optional)\*

### Make-Up Application (20 minutes) & Clean Up (10 minutes)

- Disposable brushes/applicators (lip, and eye) or set of new make-up brushes –  
*Note: Cotton may be used for powder and blush application rather than disposable applicators; brushes cannot be disinfected and MUST be single-client use only.*
- Cotton and/or cotton swabs – optional (note: cotton swabs may be used for eyeshadow application)
- Disposable brow brush (may be a new, unused mascara wand)
- Pencil sharpener(s) – for eyebrow, lip, and eye liner
- Spatulas (as needed)

**NOTE: All make-up products MUST be in original containers/packaging.**

Make-up to include:

- Foundation
- Concealer

- Lip Color
- Lip Pencil
- Eyeshadow (at least two shades; one for highlighting or contouring)
- Eyeliner Pencil (mechanical pencils may NOT be used)
- Eyebrow Pencil – (may also be used to draw eyebrow shape onto mannequin for filling with color if desired)
- Cheek Color
- Face Powder

\*You will not be required to perform a mascara application as eyelashes will not be applied to your mannequin.