

BABY SAFETY CHECKLIST

SLEEPING

- Make sure baby's crib adheres to current safety standards as specified by the U.S. Consumer Product Safety Commission
- Keep baby's crib free of pillows, bumpers, stuffed animals and blankets
- Keep the walls around the crib free of decorations
- Avoid devices marketed to reduce the risk of SIDS, such as sleep positioners



Babies spend most of their time sleeping, so making sure that baby's sleep spaces are safe is critical.

Safe sleep is as easy as
A, B, C: Alone, Back, and Crib.

A – Alone. Baby should always sleep **Alone.**

B – Back. Put baby to sleep on their **Back.**

C – Crib. Put baby in a safe **Crib.**

FEEDING

- Never leave a child unattended while eating. Direct supervision is necessary.
- Don't prop up your baby's bottle and leave your baby unattended. Your baby could choke.
- Don't microwave your baby's bottles. Many microwaves heat unevenly and the baby formula can burn your baby's mouth. Instead warm the formula by running warm water or submerging in a bowl of warm water. Test the temperature on your wrist before feeding baby.



DRESSING

- Avoid clothing with drawstrings at the neck or waist. Alternatives include snaps, hook and loop fasteners, buttons or elastic.
- Never put strings or cords around baby's neck (pacifier holder) or near your babies crib.
- Avoid strings or buttons on clothing and make sure they are not in danger of choking your baby
- Avoid devices marketed to reduce the risk of SIDS, such as sleep positioners



ON THE GO

- All children under the age of 2 must ride in a rear-facing car seat.
- Regularly check the height and weight limits on the car seat and adjust the position of the harness straps as your baby gets bigger
- Never leave a child in a vehicle unattended - even if the engine is running and the air conditioning is on. The number of children dying in cars has increased in recent years.
- If you're running errands, take baby with you everywhere. Use a "drive-thru" so you don't need to leave the car. Pay for gas at the pump.



PLAYING

- When purchasing a toy, consider the ages of all the children who might have access. A toy with small parts purchased for an older child can find its way into the mouth of a sibling under three and become a choking hazard.
- Avoid toys with long cords that could strangle a child
- Inspect your children's toys often. Be sure that toys are unbreakable, do not come apart, do not have small parts that could be chewed or broken off, and are not sharp. The pieces/toys should be larger than your baby's mouth.



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AT HOME

- Anchor dressers, televisions, bookcases and other large furniture. A tip-over can happen even when you're in the same room as your child. A \$10 tip-over kit can take 5 minutes to install and could save your child's life
- Check your window blinds! There is a safety standard for new window blinds to go "cordless" so ask for it when replacing them. Cordless blinds are the only safe options in places where young children are present.
- If you have corded blinds, secure cords up high. They should be out of reach to prevent accidental strangulation.
- Make sure your baby cannot pull lamps or other electrical objects on top of themselves. Use electrical tape to secure electrical cords.
- Use a vacuum to find small dangerous objects
- Remove tablecloths that can be pulled from the table
- Install safety locks on cabinets
- Cushion hard edges and sharp corners of furniture
- Establish the area in front of the stove as off limits while you are cooking. Turn pot and pan handles on the stove inward.
- Keep the toilet lid down to prevent drowning and to keep the lid from slamming on your baby's head or hand. Consider installing toilet lid locks.

Stay updated on marketplace safety and the latest product recall.

Check for recalls at CPSC (www.cpsc.gov) and FDA (www.fda.gov) or

Follow the NYS Division of Consumer Protection
Twitter: @NYSConsumer
Facebook: www.facebook.com/nysconsumer

IMPORTANT TIP

MANY ITEMS IN YOUR HOME CAN BE A CHOKING OR POSIONING HAZARD.

BELOW ARE THE TOP ITEMS TO KEEP OUT OF BABY'S REACH TO PREVENT THESE TRAGEDIES:

- Loose Objects (keys, hairpins, coins, makeup, purses, balloons, marbles, etc)
- Household Items (batteries, cleaning supplies, magnets, etc)
- Personal Care Products and Accessories (jewelry, charms, shavers, any makeup tools, etc)
- Electronics (phones, chargers, cords, small devices, etc)
- Plastic Bags
- Medicine, vitamins, etc.
- Office supplies (push pins, loose staples, pens, pencils, sharpeners, paper clips, etc)

HELPFUL RESOURCES:

- NYS Division of Consumer Protection
(www.dos.ny.gov/consumer-protection)
Consumer Assistance Hotline: 1-800-697-1220
Mon-Fri 8:30am to 4:30 pm, excluding State Holidays
- NYS Department of Health
(www.health.ny.gov/)
- U.S. Consumer Product Safety Commission
(www.cpsc.gov/recalls)
- Federal Drug Administration (www.dfa.gov)
- Car Seating Station (www.Safe.ny.ny.gov)
- Poison Control Center (800) 222-1222